











Nourish Life

Kishor Swasthya Manch

Empowering Adolescents

मानसिक रोग किर

for Better Health

Counselling



The KSM event encompasses various activities such as group awareness sessions, counseling sessions, distribution of IFA tablets, sanitary napkins, health check-ups, treatment and referrals,

competitions such as quizzes, debates and cultural events to promote adolescent health, nutrition and a healthy lifestyle.

Follow us on Solution twitter.com/nhm_up facebook.com/NationalHealthMissionUttarPradesh youtube.com/c/NHMUPIEC

Department of Health & Family Welfare and National Health Mission, Uttar Pradesh - Toll free No. 104